Patient Exam Preparation Instructions:

MRI Rectal

UNIVERSITY RADIOLOGY

We look forward to seeing you for your appointment. Please follow these instructions:

- Two to three hours before your appointment time, use a Fleets Enema to cleanse the bowel. Fleet enemas are available over-the-counter at most pharmacies and should be purchased before the day of your exam. Proper bowel cleansing is important because feces and air in the rectum will degrade the image quality of your study.
- Arrive at least 15 minutes prior to your test.
- Bring any prior studies (CT/MRI/US/X-Ray) not performed at University Radiology.
- Wear comfortable clothing which does not contain metal and is not labeled “antibacterial” or “antimicrobial.”
- Leave jewelry and other metallic accessories at home.
- Do not wear eye makeup or cosmetics.
- Some hearing aids, metal implants and medical/electronic devices on or in your body may interfere with the MRI or potentially pose a risk to you if in the MRI room. If you have an ID card or pamphlet for the implant or medical/electronic device, bring it with you.
- If you had a Colonoscopy or Upper Endoscopy (“EGD”) within the past 3 months, please obtain the copy of your procedure report as clips may have been placed. Some clips are known to be unsafe in MRI. To avoid bodily injury additional research may be necessary prior to your exam.
- If you are pregnant or think you may be pregnant, your MRI exam must be scheduled Monday through Friday between the hours of 8:00 am – 4:00 pm or Saturday between the hours of 8:00 am - 12:00 pm. If your exam has been scheduled outside of these hours, please call our scheduling department at 732-390-0033 to reschedule your appointment.

Please bring relevant studies and reports to your appointment

University Radiology is able to obtain electronic images and reports for you if the previous studies were performed at our imaging centers or at one of our affiliated hospitals located across New Jersey. Please visit our website for a full listing: **UniversityRadiology.com**

Please bring your prescription, insurance card, and photo ID

They are required for this procedure.

Glucose Monitoring Devices

Devices such as the ‘FreeStyle Libre’ must be removed before any MRI, CT scan, PET/CT scan, Mammogram, DEXA, or X-ray. The exposure may damage the device and cause incorrect readings.

Payment

You will be expected to pay your estimated co-payment, co-insurance and/or deductible at the time of your appointment. Please call your insurance provider if you have questions about your plan or coverage.

PreAuthorization

This exam may require prior authorization from your insurance provider before we can perform the study. Please speak with your referring physician’s office and/or insurance company at your earliest convenience to understand your coverage and reduce possible delays.

Questions?

Call **732-390-0033**