Patient Exam Preparation Instructions:

MRI with I.V. Sedation for Adult Patients

UNIVERSITY RADIOLOGY

If you would like to have your MRI exam while under anesthesia, we can give you sedation medication intravenously while you are in our office. Before you are scanned, the Board Certified Anesthesiologist will administer the medication. You will be asleep during the exam. Both the Anesthesiologist and a Registered Nurse will monitor you before, during, and after the MRI study.

What Medications are used?

Propofol will be given through an I.V. to induce sleep. This medication has a short duration of action and a rapid recovery time and is administered to make sure you remain asleep during the entire MRI study.

How will I feel after the MRI scan?

Most patients are awake, alert, and ready for discharge within 30 - 45 minutes after the MRI scan is completed. There are usually no lasting effects from the medication after awakening. Some patients may continue to feel drowsy throughout the day, and some may wake up feeling irritable. These side effects should last only a short time.

How do I prepare?

You should:

- Make arrangements to have someone drive you home after the MRI because you will be receiving medication.
- Have nothing to eat or drink for at least eight (8) hours before the scheduled MRI appointment time.
- Dress in comfortable clothing that has no metal detailing (no metal snaps, zippers, jewelry, etc.). Wearing sweatshirts and sweatpants is suggested.
- Please arrive at the time discussed with the nurse.*

If you are ill within one (1) week prior to the scheduled MRI procedure, please call us as soon as possible to let us know. You should be free of congestion, cough or fever for the scan.

**Nurse confirms time.*

(continued on back)

Please bring relevant studies and reports to your appointment

University Radiology is able to obtain electronic images and reports for you if the previous studies were performed at our imaging centers or at one of our affiliated hospitals located across New Jersey. Please visit our website for a full listing: **UniversityRadiology.com**

Please bring your prescription, insurance card, and photo ID

They are required for this procedure.

Glucose Monitoring Devices

Devices such as the 'FreeStyle Libre' must be removed before any MRI, CT scan, PET/CT scan, Mammogram, DEXA, or X-ray. The exposure may damage the device and cause incorrect readings.

Payment

You will be expected to pay your estimated co-payment, co-insurance and/or deductible at the time of your appointment. Please call your insurance provider if you have questions about your plan or coverage.

PreAuthorization

This exam may require prior authorization from your insurance provider before we can perform the study. Please speak with your referring physician's office and/or insurance company at your earliest convenience to understand your coverage and reduce possible delays.

Questions?

Call **732-390-0033**

(continued from front)

UNIVERSITY RADIOLOGY

What information do I need to send you before the MRI appointment?

After scheduling an appointment for your MRI, you will need to provide us with some very specific medical history information and documentation so that our clinical staff can evaluate medical eligibility for this procedure. Below is a list of information we will need from you right away to ensure that your MRI scan is performed as scheduled.

- Fax a prescription from your physician which orders the MRI with I.V. Sedation. The script should be dated within 30 days of your scheduled MRI appointment and faxed to us at 732-238-6238.
- If you are over 50 years old, we will need the results of an EKG done within 30 days of your scheduled MRI appointment.
- If you have diabetes, heart disease, seizures, high blood pressure, or kidney issues, specific blood work may have to be performed before the MRI appointment. You will need to fax the results of these tests so that we receive them at least five (5) days before your appointment date. This allows us the time necessary to properly review your results and order additional testing if necessary.
- If you had a Colonoscopy or Upper Endoscopy ("EGD") within the past 3 months, please obtain the copy of your procedure report as clips may have been placed. Some clips are known to be unsafe in MRI. To avoid bodily injury additional research may be necessary prior to your exam.
- If you are pregnant or think you may be pregnant, your MRI exam must be scheduled Monday through Friday between the hours of 8:00 am – 4:00 pm or Saturday between the hours of 8:00 am - 12:00 pm. If your exam has been scheduled outside of these hours, please call our scheduling department at 732-390-0033 to reschedule your appointment.

Again, please fax all information to 732-238-6238.

Please recognize that it is your responsibility to schedule a physical, if appropriate, and get all of the necessary testing and paperwork completed by your physician and faxed to us within five (5) working days prior to the scheduled appointment.

Please note that the Anesthesia physician who is administering the sedation will be sending you a bill for their services. The actual procedure/exam is covered by your insurance; however, sedation is not considered part of that procedure/exam and therefore may not be covered by your insurance. If you have any questions please contact our office.

If you have additional questions about the MRI study or any of the information above, please contact us at 732-390-0030 x4261.

Questions?
Call **732-390-0033**